COMMERCIAL STRENGTH TRAINING

durability | innovation | value

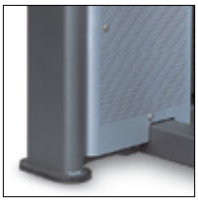
ST740
ab/low back

Durability, innovation, and superior performance are only a few of the features integrated in this easy-entry strength training unit.

- Adjustable seat, footrest, and exercise arm provide multiple positions to accommodate a variety of users
- Durable, long-lasting chrome and powder-coated steel frame is designed to resist scratches and provide years of worry-free performance
- Double-stitched Boltaflex® upholstery over 2-inch high-density foam, provides durability, lasting comfort, and support

VISION FITNESS®

Instructional placards displayed on the weight stack shield define exercise operation

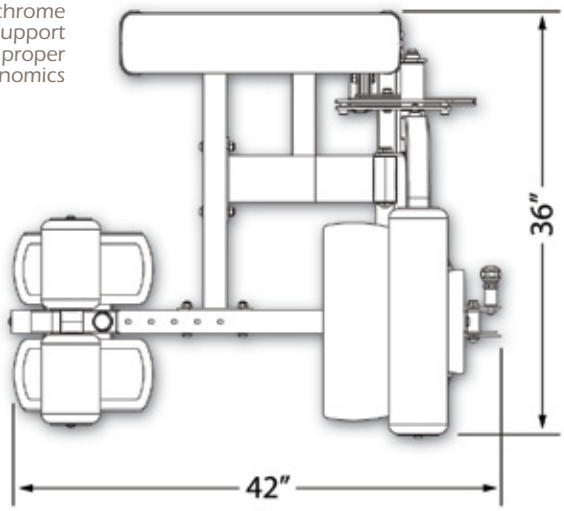


Durable powder-coat frame resists scratches

Adjustable chrome stabilization support to promote proper ergonomics

Adjustable range of motion allows users to select the preferred starting position for each exercise

Adjustable backrest offers support during abdominal exercise and freedom during back extension



warranty*

We offer a Commercial warranty on our products which covers a Lifetime on frame, welds, weight plates, and guide rods; five years on pulleys, rotating bearings, and bushings; one year on labor, cables, linear bearings, shafts, and other parts; and 90 days on upholstery and grips.

feature	*ST740* ab/low back
exercise instructions	Instructional Placards Define Exercise Operation and Muscles Worked
aesthetics	Comfortable Contoured Boltaflex® Upholstered Pads, 2"-Diameter Round Pull Pin Handles
frame construction	11-Gauge Rectangular, Square, and Oval Tubing
weight stack	210-lb. Weight Stack, Cast Iron
weight stack shields	16-Gauge Powder-Coated Perforated & Solid Steel
guide rods	3/4" Chrome-Plated Tubing
chrome plating	Guide Rods, Seat Post, Exercise/Range of Motion Plate, Stabilization Support
cable	Loos & Co., 3/16"-Diameter, Nylon-Coated
dimensions	42"L x 36"W x 59"H
max. user weight	400 lbs.
product weight	421 lbs.

* Refer to **www.visionfitness.com** for complete Warranty details. All product specifications are subject to change.

VISION FITNESS®

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