## X10 Elliptical Trainer



The X10 elliptical trainer delivers an ideal combination of comfort and ease-of-use. Overlapping pedals and a flatter ellipse truly replicate a natural walking or running motion. An intuitive console with seven motivating programs makes it easy to get started or take your fitness routine to the next level.

| KEY SPECS                           |   |
|-------------------------------------|---|
| Stride Length                       | 20"   |
| Flywheel Weight                     | 21 lbs.   |
| Resistance System                   | ECB magnetic braking system   |
| Resistance Range                    | 1 - 16  |
| Pedal Spacing                       | 0"  |
| Pedals                              | Oversized   |
| Display                             | Easy-to-read LCD  |
| Workout Feedback                    | Watts, Distance, Time, Heart Rate, Calories, RPM, Program, Level            |
| Programs                            | Manual, Muscle Toner, Intervals, Fat Burn, Incline, Rolling Hills, Mountain |
| Heart Rate                          | Contact grips   |
| Accessories                         | Water bottle holder and reading rack  |
| Warranty                            | Lifetime frame and brake<br>3 years electronics and parts<br>1 years labor  |
| User Weight                         | 300 lbs.  |
| Assembled<br>Dimensions &<br>Weight | 73.5" x 30" x 64" 188 lbs   |

